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**Alcohol & drugs policy
Utrechtse Introductie Tijd 2026**

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Inleiding

The UIT team, a team consisting of six students, organizes the Utrecht Introduction Time (UIT) on behalf of the Executive Boards of Utrecht University and Utrecht University of Applied Sciences. The new first-year students are offered a varied program to get to know each other, the educational institutions, student life and the city in all its facets. To create a safe and pleasant atmosphere for everyone, the alcohol and drugs policy has been drawn up.

During the selection and training of all UIT staff and volunteers, the alcohol and drugs policy is prominently highlighted. Student organizations and other stakeholders are also explicitly asked to commit to the policy. Each year, the policy is critically examined, testing whether it meets the requirements or is in need of changes. The starting point for this alcohol and drugs policy is the legislation on alcohol and drugs. In addition, the UIT team has drawn up some of its own rules. The following is the UIT 2026 alcohol and drugs policy.

This policy applies to all UIT commissioners as mentioned in this document.

This policy was developed on behalf of the principals Utrecht University and Utrecht University of Applied Sciences. Advice from Jellinek and Trimbos has been taken into account for this alcohol and drugs policy.

Alcohol & drugs policy

Definitions:

UIT:	Utrecht Introduction Time. A Four-day student event that aims to: familiarize new students with fellow students, the relevant facilities available in the city, educational institutions and the city of Utrecht. UIT 2026 takes place from 10 to 13 August 2026.
UIT-team:	Utrecht Introduction Time team, commissioned by Utrecht University and Utrecht University of Applied Sciences, deals with the organization of UIT. The UIT-team is part of the Directorate of Students, Education & Research (SO&O) of Utrecht University.
UU:	Utrecht University
HU:	Utrecht University of Applied Sciences
Participant:	Prospective student participating in the UIT
Mentor:	Supervisor of a group of participants during the UIT
Crew (supercrew):	Function as supervisor of the mentors, responsible for logistics before /during the UIT, and are in support of the UIT-team.
Horecamanagers:	Have a coordinating role at all tapping points during UIT's official program and liaise with our suppliers.
Eventmanager:	Supervisor of the crew before/during the UIT and supporting the UIT-team.
UIT staff:	UIT staff, anyone with a UIT band other than participants. This includes employees of participating student organizations.
Studenten organizations:	All student organizations based in Utrecht.
Catering facilities:	Catering facilities participating in a program component of the UIT.

General

Throughout the UIT (Monday 10 August to Thursday 13 August), the UIT's alcohol and drug policy will be enforced. Alcohol will be served throughout the UIT from 14:00.

The “drank- en horecawet, de alcoholwet en de opiumwet” apply to all UIT commissioners.

Alcohol

Serving and passing alcohol

It is forbidden for UIT participants, staff and visitors who are underage to consume alcohol. This also applies to UIT participants, staff and visitors under 25 years of age without valid identification. It is strictly prohibited to serve, provide and/or pass on alcohol to participants, staff and visitors of the UIT who are underage. This also applies to UIT participants, staff and visitors under 25 years of age without valid proof of identity. We apply the general Alcohol law here.

Own alcoholic beverage

It is not allowed to consume your own drinks at UIT program sections. At program sections of the UIT, it is only allowed to consume alcoholic beverages purchased from bars facilitated by the UIT.

Non-alcoholic drinks

The serving of 0.0% drinks specified in this document is allowed during the official program elements of the UIT. The same rules apply to the offer of 0.0% beer and Radler as for alcoholic beverages.

Beverage offer

The UIT-team will ensure that during all official program elements of the UIT, in addition to alcoholic drinks, a sufficiently varied range of non-alcoholic drinks will always be available. No liquor, premix or other weak alcoholic drinks - other than normal beer, Cider, Hard Seltzer, non-alcoholic beer, wine, Radler 2.0% and Radler 0.0% - will be served during the UIT as well as at UIT affiliated student organizations. Committed student organizations can apply to deviate from the alcohol policy with one additional alcoholic drink during UIT 2026. The current alcohol policy remains governing and this option is only possible as an addition to the current alcohol policy. Possibility to apply for this additional option will be communicated by the UIT-team.

Standard volumes

Alcohol is served during the UIT in standard volumes such as the following.

- Beer, Cider, Hard Seltzer: maximum 25 cl per consumption
- Radler 2.0%: maximum 33 cl per consumption
- Wine: maximum 10 cl per consumption

Drugs

During the UIT, possession, use, and/or being under the influence of drugs will not be tolerated. This applies to both soft and hard drugs and nitrous oxide.

Enforcement and sanctions drugs

Drug enforcement is done in the same way as alcohol policy enforcement. The same sanction therefore automatically applies to violation of the drug policy.

Commissioners and their responsibility's

Commissioners of the UIT are:

- UIT-team
- Eventmanagers
- Crew (supercrew)
- Mentoren
- Participants
- Visitors
- Student organizations
- Participating Catering facilities

UIT-team

The UIT-team is together with the project leaders, from Utrecht University and Utrecht University of Applied Sciences, final responsible. On behalf of the principals, the UIT-team bears responsibility for communication and enforcement of the alcohol and drugs policy within the UIT program. Responsibility for enforcement with external partners, such as catering facilities and student organizations, lies with the external partner. The UIT team will ensure that the staff behind the tapping points on the UIT are familiar with and ensure compliance and with the rules regarding alcohol dispensing during the UIT. UIT staff, on behalf of the UIT team, ensure that the dispensing of alcoholic beverages during opening hours is done responsibly. During the UIT and at the staff training before the UIT, the use of alcohol is not insisted upon under any circumstances.

During the UIT, the UIT-team has the right to exclude persons who have visibly drunk too much or are under the influence of other drugs. The UIT-team will also point this out to external tappers.

Eventmanagers

Event managers, together with the UIT-team, are responsible for organizing the UIT. In case of violation of the alcohol and drugs policy or irresponsible alcohol consumption, the event managers have a duty to inform UIT participants and other visitors of their behavior.

In preparation for the UIT, event managers and the UIT-team are trained by Jellinek to deal better with incidents and will be provided with the necessary tips and explanations to limit alcohol consumption within a group.

Crew

The Crew is not allowed to consume alcoholic drinks 8 hours before and during their shift. Crew members working on a shift can be recognized by the keycards. In case of violation of the alcohol and drugs policy or in case of irresponsible alcohol consumption, Crew has the duty to remind participants and other visitors of the UIT of their behaviour.

Horecamanagers

Horeca managers and bar staff have been informed of the alcohol and drug policy by the UIT team in both oral and written ways. In case of violation of the policy or irresponsible alcohol consumption, the Horeca managers and bar staff have a duty to remind participants and other UIT visitors of their behaviour. Moreover, they should under no circumstances insist on the consumption of alcohol. It is also strictly forbidden for them to pass on and sell alcohol/0.0% drinks to young people under the age of 18 or to young people under the age of 25 who cannot show a valid ID. Horeca managers during the UIT are aware of the alcohol and drug policy and in possession of at least the Instruction Responsible Alcohol Consumption (IVA). There is always a person present with a degree in Social Hygiene. The horeca managers and bar staff do not drink alcoholic beverages during their shift.

In preparation for the UIT, the Horeca managers are trained by Jellinek to better deal with incidents and will be provided with the necessary tips and explanations to limit alcohol consumption within a group. The Horeca managers transfers knowledge gained to the crew and mentors.

Mentoren

Are a supervisor and responsible for their group. They make sure the participants follow the rules. Mentors can be recognized by the red mentor shirt. Mentors have an exemplary role regarding the alcohol consumption of the participants in their group. In case of violation of the alcohol and drugs policy or in case of irresponsible alcohol consumption, mentors have the duty to remind participants and other visitors of the UIT of their behavior. The mentors are responsible for their group during the program components of UIT. This means that they can also be called to account for the behavior of the participants in their group.

Mentors can find a summary of the alcohol and drug policy in the app. In preparation for UIT, mentors are trained by Trimbos and Jellinek to better deal with incidents and will be provided with the necessary tips and explanations to limit alcohol use within a group. Mentors are responsible for transferring the rules in the alcohol and drug policy to the participants.

Participants

Participants must comply with the alcohol and drug policy at all times, bear responsibility for its implementation and are aware of the consequences for non-compliance. It is also strictly forbidden for them to pass on alcohol/0.0% drinks to young people under 18 years old. Participants can find a summary of the alcohol and drug policy in the app and on the UIT website. In addition, participants will be made aware of the policy by their mentors, in the opening and by other staff, during the UIT.

Visitors

Some program sections are also open to external visitors. When purchasing the admission ticket, visitors must agree to the alcohol and drug policy.

Student organizations

The student organizations complement part of UIT's program. Therefore, explicit attention has been paid to the programs of the student organizations on alcohol and drugs. The programs are determined in consultation with the UIT team.

Participating Catering facilities

Horeca establishments complement part of UIT's program. Therefore, explicit attention has been paid to the programs of the catering establishments on alcohol and drugs. The programs are determined in consultation with the UIT team.

When a catering establishment participates in an official UIT program component, they sign a contract. This states, among other things, that the catering establishment must comply with the alcohol and drugs policy, such as the serving times and range of drinks mentioned in this document.

Enforcement

UIT-team

On behalf of the principals, the UIT-team bears responsibility for communication and enforcement of the alcohol and drugs policy within the UIT program. The UIT-team will ensure that the staff behind the tapping points on the UIT are familiar with the rules concerning alcohol during the UIT and ensure that they are observed. During the UIT, the UIT-team has the right to exclude persons who have visibly drunk too much or are visibly under the influence of other drugs. The UIT-team will also make any external bar staff aware of this.

On Monday 10 August 2026, each participant will be given a wristband that gives access to the UIT program (both at the student organizations and at venues organized by the UIT team). The bands for under-18s have a different color than those for participants aged 18 and above. This way it can be quickly seen whether the participant is allowed to drink alcohol or not. During UIT, security will actively monitor compliance with the alcohol and drugs policy. In case of violation, security and UIT-team will consult.

Handhaving extern

The UIT team has informed all participating parties (catering establishments, student organizations and other partners) about the alcohol and drug policy through a letter and/or through consultation. By participating in the UIT, these parties commit to this policy. However, responsibility and enforcement for compliance lies with the license holder himself.

Enforcement officers from the municipality will randomly check for enforcement of the liquor and hospitality law during the UIT and may issue fines in case of violation.

Student organizations

The student organizations, despite consultations regarding their program during the UIT, remain themselves license holders for their event and therefore also responsible for the enforcement of the Liquor and Catering Act and this alcohol and drugs policy. During UIT, UIT-team and event managers visit the student organizations to randomly check compliance with the alcohol and drugs policy.

Catering and other partners

During the UIT, catering facilities have the right to exclude participants who have visibly drunk too much or are under the influence of drugs. The catering facilities will not serve alcohol during the UIT to intoxicated participants and participants who appear to be a danger to public order, safety or morality. They have, as always, to comply with the Liquor and Catering Act.

External parties may not cut off wristbands of participants at the UIT events if they violate the alcohol and drug policy.

Sanctions

Sanctions by the UIT-team

If a commissioner does not comply with the alcohol and drug policy, they may be sanctioned by the UIT-team. In the case of a staff member or participant, the admission ticket (wristband) may be cut off, by a project leader or UIT-team member in consultation with a project leader, in the process. This immediately denies access to the UIT. The student organizations, catering facility and other partners are not authorized to do this. They themselves are responsible for enforcing and complying with the policy. The participant or staff member, whose wristband has been cut, can talk to the project leaders the next day. If there are extenuating circumstances, the participant or staff member may get back their entry ticket (wristband). The name of this participant or staff member will be noted. If the participant or staff member again violates the alcohol and drug policy, the entry ticket (wristband) will be cut off and they will not be allowed to participate in the UIT again. In the case of a committed student organization or catering facilities, a meeting will be scheduled to discuss the violation together.

Serving or passing alcohol through

If a staff member or mentor passes alcohol to young people under 18 years old, they may be subject to the aforementioned sanctions by the UIT-team. Mentors will be replaced by reserve mentors who have also attended the mentor training in case of violation. Staff members are replaced by existing staff members who take over the remaining shifts.

Sanctions by security

If, upon entering the activity, it is assessed on the spot that a participant is in an inebriated state and/or does not comply with the alcohol and drug policy, they may be turned away from the relevant activity by security. Subsequently, the above sanction will take effect.

The above sanctions are from the UIT. Other sanctions from the Alcohol Act naturally also apply.